

## Lesson Plan - Psychology

(S=Standard E=Essential Question A=Activator T=Teaching Strategies S=Summarizer D=Differentiation HW=Homework)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>S: SSBF2 - The student will compare different states of consciousness.</p> <p>SSBF2A - Describe the sleep cycle, circadian rhythm</p> <p>SSBF2B - Explain why we sleep and dream.</p>	<p>S: SSBF2 - The student will compare different states of consciousness.</p> <p>SSBF2B - Explain why we sleep and dream.</p> <p>SSBF2C - Investigate the validity of hypnosis as a state of consciousness</p>	<p>S: SSBF2 - The student will compare different states of consciousness.</p> <p>SSBF2D - Analyze the physical and psychological issues associated with addiction</p> <p>SSBF2E - Explain how the major drug classes affect neurotransmission and behaviors.</p>	<p>S: SSBF2 - The student will compare different states of consciousness.</p> <p>SSBF2D - Analyze the physical and psychological issues associated with addiction</p> <p>SSBF2E - Explain how the major drug classes affect neurotransmission and behaviors.</p>	<p>S: SSBF2 - The student will compare different states of consciousness.</p> <p>And all sub-standards to SSBF2 on altered states of consciousness.</p>
<p>E: What is consciousness in terms of psychological understanding?</p> <p>Why is sleep necessary?</p> <p>What happens to us when we sleep?</p> <p>What purpose does dreaming serve?</p>	<p>E: What purpose does dreaming serve?</p> <p>What happens to the body when we do not receive sufficient sleep?</p> <p>To what extent is hypnosis a valid state of consciousness?</p>	<p>E: How do drugs affect consciousness?</p> <p>What are the psychological effects of addiction?</p> <p>How do the different classes of drugs affect neurotransmission and behavior?</p>	<p>E: How do drugs affect consciousness?</p> <p>What are the psychological effects of addiction?</p> <p>How do the different classes of drugs affect neurotransmission and behavior?</p>	<p>E: all previously studied essential questions.</p>
<p>A: Sleep analysis survey. Share results with students, then class.</p>	<p>A: Guided Reading 7.1 Activity</p>	<p>A: Vocabulary Review Activity (KaHoot or Quizlet Live)</p>	<p>A. Vocabulary Activity Hearing, Touch, Taste, and Smell</p>	<p>A. Of the drug classes, which is the most dangerous. Defend Answer</p>

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<p>T: Deconstruct the standard with the class, identifying key vocabulary and concepts.</p> <p>Brief Lecture on states of consciousness supported by PPT</p> <p>Mindfulness Demonstration: sit in relaxed position, close eyes, concentrate on breathing. How did the demonstration affect mental processes? What did you become consciously aware of that you weren't previously? Why?</p> <p>Discuss: Why do you think we sleep? What purpose does it serve?</p> <p>Students will research the four stages of sleep and create a chart/diagram explaining what happens in each state. Share w/ class.</p> <p>Introduce Dream &amp; Sleep Journal project.</p>	<p>T: Students will analyze the impact a lack of sleep had on Peter Tripp (Case Study Analysis) . Share w/ partner, then with class.</p> <p>Socratic Space Race review of stages of sleep.</p> <p>Students will be partnered to research sleep disorders. They will create an infographic on their disorder.</p> <p>Students will rotate around the room looking at the different infographics, recording data on a sleep disorders chart.</p> <p>PALS reading on Dreaming (page 188-190 in text) Debrief as a class.</p> <p>Brief lecture on Hypnosis and meditation w/PPT and video clips.</p> <p>Experiment on self-hypnosis. Analysis &amp; debrief as a class.</p>	<p>T: Vocabulary review activity 7.3</p> <p>Vocabulary &amp; Concept quiz (Socratic)</p> <p>Brief lecture on Psychoactive Drugs.</p> <p>Students partners will research the different classes of psychoactive drugs to create a Google Slides presentation, Prezi, or InfoGraphic.</p>	<p>Student presentations on psychoactive drugs and their impact on neurotransmission and behavior.</p> <p>Online experiment - Mouse Party/Mice on Drugs from the University of Utah (need computer lab or chromebooks) with chart to complete on effects of different drugs on mice.</p> <p>Quizet Live Review on drug classes.</p> <p>Socratic Quiz</p> <p>Distribute study guide for test. allow students to partner and complete study guide. Have students check their answers once completed.</p>	<p>T: Debrief the opening activity through whole class discussion.</p> <p>KaHoot for test review</p> <p>Students will take a 30 question multiple-choice test w/choice of short (paragraph) answer questions.</p> <p>After the test, students will begin working on the vocabulary for sensation and perception.</p> <p>Once all students are finished with the test, the class will discuss results from sleep and dream journals for the week.</p>

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S: 3-2-1 Activity (three things you learned about sleep, two things you learned about consciousness, 1 stage where dreaming occurs)	S: Defend your opinion on whether or not you feel hypnosis is real or a placebo effect? Thesis and supporting evidence (paragraph)	S: Ticket-Out-the-Door, five things you learned about your class of drug.	S: Write a paragraph defending your opinion on the following question: do people use psychoactive drugs to increase or decrease level of awareness?	S: QuickWrite: What factors do you think have influenced the recent trend toward increase use of marijuana?
HW: Journal sleep and dreaming	HW: Study Quizlet and notes to prepare for quiz, keep journaling!	HW - keep journaling & study quizlet!	HW: Study Quizlet & KaHoot	HW - Have a great Weekend!
D: notes provided, partner on chart	D: notes provided, selective grouping	D: selective grouping, study guide for test provided	D: pull out for remediation, enrichment: research the drug treatment options available?	D: pull-out for testing, read to, lower readability test, 3 levels of differentiated short answer Easy, Moderate, & Challenging.